DATE	TIME	VENUE	EVENT	PD HOURS
Thursday, May 27, 2021	10AM-11AM	Webinar	ERS Wellness Webinar – "Building Your Mental Health Toolkit." According to the National Alliance on Mental Illness, 1 in 5 adults in the U.S. experiences mental illness. Our understanding of mental health conditions like anxiety and depression has improved dramatically in the last few decades. Still, many people don't know how to access treatment and may be too overwhelmed to access it when they are in need. In this webinar you will learn how to find help – for yourself or a family member – with specific types of challenges and mental health conditions. Not only will you learn about your mental health benefits as a HealthSelect participant, but you will leave knowing how to access virtual mental health options in the HealthSelect plans through Dr. on Demand and MDLive. Don't wait until you or one of your family members is in need of treatment, learn about it now so you are prepared! Register here.	1 hour
May 28 and	10:00am-	Webinar	Emotional Intelligence, Student Efficacy, and the Growth Mindset. Have you ever	4 hours



12:00pm

Workshop

June 04, 2021

Emotional Intelligence, Student Efficacy, and the Growth Mindset. Have you ever wished you could change your students' attitudes toward more positive engagement in their learning? YOU CAN! The secret rests in appreciating that all of us have a profound impact upon the emotional state of the students that we engage with every day. Whether interacting with individuals or groups, the neuroscience is clear: The affective domain powerfully impacts student cognition, persistence, motivation, and performance. During this multidimensional, highly-interactive, experiential, and fun workshop, participants explore ways to promote positive, enthusiastic, and engaged collaboration among students. They also explore how to encourage student learning in a manner that maximizes motivation, a sense of inclusion, and equity within the learning environment! The workshop includes PowerPoint slides, stories, video, breakout room activities, and opportunities for full group discussions, all of which allow participants to interact with each other and process the information in a fast moving and fun format. This workshop consists of 2 interactive modules offered via Zoom at 10:00am-12:00pm CST on May 28, 2021, and 10am-12:00 pm CST on June 04, 2021. Participants earn a digital badge and certificate upon completing both modules and a post-workshop evaluation. Register before May 21. Cost: 200.00. Register here.



DATE	TIME	VENUE	EVENT	PD HOURS
Tuesday, June 01—Friday, June 04 2021	Various Sessions	Web Conference	OLC Ideate: Diversity, Equity, and Inclusion Action Planning for Digital Learning Environments. The Online Leaning Consortium (OLC) Ideate is a free, collaborative, and dialogue-based virtual experience. The goal is to both surface and model effective online engagement to educators, designers, practitioners and leaders of all levels and arenas. Moving past the notion of a passive, "sit-and-get" online	Various Session
ener year are	OLC Ideate: E Equity, and In June 1 - 4, 2021	nclusion	experience, each session focuses on inspiring participants to leverage the power of online and digital learning with the goal of extending impact and access to education. In partnership with Every Learner Everywhere, OLC is convening June 1-4, 2021 as a follow-up event to an initial event December 2020 that included action-oriented and community-driven conversations on how to get started, where to go next, and how to lead in this work within higher educational contexts. Registration is free! Once you complete this form you will receive a confirmation email with additional details. Click here to register.	
June 2021	On Demand	Online Seminar	Managing Customer Service Seminar. You may already understand that top-notch customer service begins with knowing your customers and their needs, but do you know how to evaluate those customers, or better yet, what to do with the data once you have it? You will take a look at that, as well as identify how your customer service stacks up right now, and how you can build on even the sharpest of service policies. In addition, you will learn how to communicate, resolve complaints, and build long-lasting customer service programs. Choose from instructor led or self-paced options. 3 month/24 hour access to the course. Cost: \$125.00. Register and access here. Contact Tina Duke for more information regarding registration and course completion. Appropriate for all college personnel!	3 hours
June 2021	On Demand	Online Seminar	Keys to Effective Communication Seminar. If you often find yourself at a loss for words or lack confidence in your communication abilities, you will appreciate this course. Each lesson works through the step-by-step process needed to become a great conversationalist. You will learn to use communication to build rapport and create environments of trust, warmth, and respect. Become more confident, create a great first impression, get along well with others, and create more and better personal and professional relationships. Choose from instructor led or self-paced options. 3 month/24 hour access to the course. Register and access here. Cost: \$115.00. Contact Tina Duke for more information regarding registration and completion. Appropriate for all college personnel!	3 hours



DATETIMEVENUEEVENTPD HOURSJune 2021On DemandOnline SeminarFundamentals of Supervision and Management Seminar. Become a more effective
manager by learning the language of business management. This course provides skills
in managing time, delegating responsibility, motivating your employees, solving3 hours



Fundamentals of Supervision and Management Seminar. Become a more effective manager by learning the language of business management. This course provides skills in managing time, delegating responsibility, motivating your employees, solving problems and resolving conflicts so you can accomplish your job more effectively. Choose from instructor led or self-paced options. 3 month/24 hour access to the course. Register and access here. Cost: \$125.00. Contact Tina Duke for more information regarding registration and completion. Appropriate for all managers and administrators!

Thursday, June 10, 2021 9:00AM— 10:00AM Webinar

Office of Consumer Credit Commissioner Financial Education Webinar Series – "Buying a Home." This webinar focuses on what to consider when

deciding whether to rent or buy a home. It also addresses the process of determining what housing you can afford, your credit score, different types of mortgages, and the steps involved in a home purchase. This webinar is hosted by the Office of Consumer Credit Commissioner. It is for informational purposes only and does not constitute legal advice. Register here.

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TEXAS OFFICE OF CONSUMER CREDIT COMMISSIONER

Thursday, June 10, 2021 10:00AM— 11:00AM Webinar

ERS Wellness Webinar Series – "Taking it Outside: Increasing Activity in the Outdoors." Research shows a strong connection between being in nature and our physical and emotional health. Join Morgan Prince of the Texas DPS Fitness Wellness Unit to learn tips and tricks to get the most out of your outdoor workouts. This webinar offered by the Texas DPS Fitness Wellness team will include principles of exercise programming, safety considerations, and creative ways to exercise in the great outdoors. Register here.



1 hour





Click on the icon to see upcoming and recorded offerings by each organization











ERS°







Assessment Tools for Learning Systems



DATE	TIME	VENUE	EVENT	PD HOURS
Wednesday, June 16, 2021	1:00PM— 2:00PM CST AACRA	Webinar	American Association of Collegiate Registrars and Admissions Officers - Reflections on Juneteenth: The History, Celebration, and Forging Forward. Join AACRAO's Black Caucus for a conversation on Juneteenth, the oldest nationally celebrated commemoration of the ending of slavery in the United States. It is time to continue the conversation AACRAO's Black Caucus is leading on advancing social justice and equity not only in higher education, but in our communities. Register here.	1 hour
Thursday, June 17, 2021	8:00AM— 9:00AM TURNII technolo	Webinar NG gies	Measure Learning in the Classroom with Self-assessment and Peer-instruction. Join Professor Fabio Aricò as he outlines principles of active learning, by blending self-assessment and peer-instruction to simultaneously develop students' cognitive and metacognitive skills. Hear how he successfully implemented these techniques in a large-class Introductory Macroeconomics module at the University of East Angliaby using Turning Response Cards and Turning for PowerPoint. Register here.	1 hour
	9:00AM— 10:00AM AS OFFICE of CONSEDIT COMMISSION	UMER	Office of Consumer Credit Commissioner Financial Education Webinar Series – "Student Loan Debt." Debt in general can be stressful, but what do you do about student loan debt? Next to owning a home it is the biggest debt some people will take on. What will happen if you can't pay off your student loans? What does forbearance mean? What can you do to prevent defaulting on your student loans? This webinar goes over different types of debt with a special focus on student loans. Register here.	1 hour
Thursday, June 17, 2021	10:00AM— 11:00AM	Webinar	ERS Wellness Webinar Series - "3 Simple Steps to Improve Men's Health." Recognizing and preventing men's health problems is not just a men's issue. Because of its impact on wives, mothers, daughters, and sisters, men's health is truly a family issue. Join Michael Harper, M.Ed. of Texas DPS' and Senior Instructor Alexis Schminke of the Fitness Wellness Unit to learn more about men's health. Men are more at risk than women of an early death from leading (and preventable) causes, like heart disease and diabetes. The good news is that there are simple steps men can take to help improve their health today! This webinar will focus on simple steps that can help prevent the top threats for men. Register here.	1 hour



DATE	TIME	VENUE	EVENT	PD HOURS
Thursday,	1:00PM—	Webinar	NISOD Webinar Series – "What Everyone Needs to Know About Professor	1 hour
June 17 2021	2:00PM		Flexibility, Philosophy, and Student Completion." This webinar provides an overview	



of a two-year data project that collaborated with the college's institutional research department to determine if changes in teaching style and course materials increased overall student completion as well as completion of historically underrepresented groups. Course completion rates were collected over a five-semester period for introductory and 200-level courses in psychology and sociology. Data were disaggregated by age, sex, race, socio-economic status, and full- and part-time status. Data also included the completion rates of students who participated in TRIO services and/or took remedial course work. The data show that changes in teaching style and course materials result in increased completion rates overall and among historically underrepresented groups. The largest completion growth is among Black men and Black women age 25 and older. Presenter: Jonathon Wade, Ph.D. is a first-generation college student and associate professor at Danville Area Community College in the liberal arts division. Register here.

Friday, June 18, 2021 7:40AM— 5:00PM

Web Conference

Texas State University System-"Faculty Development Day for Digital Education." In support of digital teaching and learning in The Texas State University System, SHSU Online hosts the TSUS Faculty Development Day for Digital Education. TSUS Faculty

Development Day for Digital Education is a virtual event free to instructors in the Texas State University System. Join your colleagues on Friday, June 18, and learn about engaging and assessing in larger hybrid and online courses. 16 session including the following titles: • Managing Larger Enrollments in Hybrid and Online Courses; • The Blackboard Retention Center - Blackboard's Early Warning System; • Getting More Out of Your Blackboard Quiz/Exam; • Engaging Students in Large(r) Hybrid and Online Courses; • The Immunization Partnership Presents Immunization University; • Effective Assessment in the Hybrid/Online Environment; • Engaging Students During Online Meetings; • Making Group-work Work; and • Blackboard Gradebook Tips & Tricks. For



more information and to register for this free event, click here.

TBD

DATE	TIME	VENUE	EVENT	PD HOURS
Friday	2:00pm-6:00pm	Webinar	Searching for Tangible Evidence of Critical Thinking Skills. Do you ever feel like	4 hours



June 18

you are lost in space in your own classroom, looking for evidence of intelligent life? Workshop participants explore their current practices in the classroom that encourage critical thinking skills. After watching videos of and participating in hands-on examples of critical thinking exercises, workshop participants create their own exercises to ensure higher-level critical thinking among their students. By the end of this workshop, participants know or are able to: • *Clarify the meaning of critical thinking in higher* education and employment environments, including the most recent research about employers' desire for graduates who possess critical thinking skills. • Evaluate teaching "scenes" from a selection of film clips and identify common mistakes teachers make when trying to elicit critical thinking responses from students. • Review and apply the "Seven Valuable Intellectual Traits" identified by the Foundation for Critical Thinking. Practice strategies that indicate evidence of critical thinking in the classroom and in assignments. • Observe and use Discussion Question Requirements, Diversity Day, Daily Exit Cards, the One-Minute Paper, the Interview Assignment, Annotation Station, and Question Fishbowl. This workshop consists of 1 interactive module offered via Zoom at 1:00-5:00 p.m. (Mountain Time (MT)) on June 18, 2021. Participants earn a digital badge and certificate upon completing the module and a post-workshop evaluation. Register here.

Wednesday, 12:00PM— Wording 23, 2021 1:00PM CST

Webinar

Workshop



Online Learning Consortium Webinar - A Successful Faculty Development Program for Effective LMS Implementation. In this webinar, Dr. Swati Ramani, Director of Faculty Development & Curriculum Management – Southern California University of Health Sciences, shares how to apply the TPACK Model to help faculty use the LMS for optimal impact. Dr Swati shares data on a successful faculty development program that took place at Southern California University of Health Sciences during Fall 2020 using this approach. This institution-wide program was an effort to help faculty design and build high-quality online courses by making most effective use of the LMS. For more information and to register, click here.



1 hour

DATE	TIME	VENUE	EVENT	PD HOURS
Wednesday, June 23, 2021	1:00PM— 2:00PM Association of American Colleges and Universities	Webinar	AACU Webinar Series - "High Impact Practices and Preparing Engaged Citizens in the Context of Work Ready Graduates." Research on effectiveness in higher education convincingly points to a handful of high-impact practices while the mission and purpose of higher education continues to aim at preparing engaged citizens who are able to thrive in a culturally, racially, and socio-economically diverse world. In what ways are these high impact practices and values of engaged citizenry consistent or inconsistent with preparing work-ready graduates? Are they potentially one in the same? Register here.	1 hour
Thursday, June 24, 2021	9:00AM— 10:00AM **********************************	Webinar	Office of Consumer Credit Commissioner Financial Education Webinar Series – "Financial Fitness for Your Future." Financial fitness is essential just as physical, emotional, and mental fitness is. Being financially fit will give you confidence when you are trying to make financial decisions. During this webinar we will cover, budgeting, credit, and building wealth. We'll also talk about what it means to you to be financially well. Register here.	1 hour
Thursday, June 24, 2021	1:00PM— 2:00PM	Webinar	ERS Wellness Webinar Series –"The Great Outdoors with Rodney Franklin." The great outdoors are great for your health! Get inspired and informed with this webinar featuring the dynamic Rodney Franklin, Texas State Parks Division Director at the Texas Parks and Wildlife Department (TPWD). Director Franklin will share his love of the outdoors and strategies for you and your family to enjoy the amazing health benefits of being outside. Simply being in nature has a calming effect on our minds and bodies. We will also get a firsthand look at the many opportunities made available through the State Parks system. As Director Franklin says, "Life is better outside!" Register here.	1 hour
Tuesday, June 29, 2021	12:00PM— 1:00PM inancial Literacy Serie	Webinar	NISOD Financial Fitness Webinar Series – "It's All in Your Head: Psychology, Money, and the Economies of Our Lives." This session focuses on the psychology of money. Learn how the evolution and structure of the brain affects decisions we make about our finances, as well as several common cognitive biases that can lead us in the wrong direction with our money if we are not aware of them. Finally, several solutions will be offered to improve our chances of taking emotions out of financial decisions. Register here.	1 hour



DATE	TIME	VENUE	EVENT	PD HOURS
June 2021	10:30AM- 12:30AM Monday through Friday MEALS ON WHEELS WICHITA FALLS TOGETHER, WE CAN DELIVER.	1008 Burnett Street Wichita Falls, TX 76301	Meals on Wheels-Wichita Falls. The Kitchen serves over 850 seniors, homebound and disabled individuals each weekday Monday through Friday through their Meals on Wheels program. To continue this critical mission, Meals on Wheels of Wichita Falls is in need of volunteers to deliver meals. Loading and delivery take place between 10:30AM -12:30PM, and ideally, delivery is completed no later than 1:30PM. If you and/or your team/department would like to participate, please contact volunteer coordinator Lee Grace directly at 940.631.8920 or lgrace@thekitchenwf.org . Complete the volunteer application here. In addition to making a difference, contributing to the community, and meeting new people, participants receive 2 hours of community service professional development credit. Together, we can deliver!	2 hours
June 2021 WICHIT	FOOD BANK A FALLS AREA	1230 Midwestern Parkway Wichita Falls, TX 76302	Wichita Falls Area Food Bank. Since 1982 the Wichita falls Area Food Bank has distributed food free of charge to the clients of charitable partner agencies and programs operating in 12 North Texas counties. The success of their mission depends upon the active compassion and participation of their supporters—you! Currently, the WFAFB is in dire need of volunteers! Please consider volunteering your time in their warehouse or mobile pantry. Warehouse hours are Monday through Friday, 9:00AM-12:00PM, and 1:00PM-4:00PM. The mobile pantry has 2-hour shifts morning early afternoon and late afternoons throughout April, May and June. Teams/departments are encouraged to volunteer together! To receive more information and volunteer, please complete the volunteer application. Contact volunteer coordinator Pamela Tracy directly at 940-766-2322 or pamelatracy@wfafb.org. In addition to making a difference, contributing to the community, and meeting new people, participants receive 3 hours of community service professional development credit.	3 hours
June 2021 LGBTG	NA) + Inclusion at the wo	On Demand rkplace	SAFECOLLEGES TRAINING: Suggested Session: <i>Diversity Awareness: Staff-to-Staff</i> (located within the " <i>Social and Behavioral</i> " Category). In recognition of <u>Pride Month</u> , the goal of this course is to provide staff with an awareness of how a diverse workforce strengthens an organization. Click on the image at the left for more information on the topic. Use your <u>Vernon College e-mail to login</u> , and access the "Suggested Training"	1 hour



VC employees! Log-in here to get started!

section on your My Assignments" homepage. Print your certificate! Appropriate for all

DATE	TIME	VENUE	EVENT	PD HOURS
June 2021	NA	On Demand	SAFECOLLEGES TRAINING: Suggested Session: Making Campus Safe for LGBTQ+ Students (located within the "Social and Behavioral" Category). In recognition of Pride Month, this course explores the challenges faced by LGBTQ+ students and provides ways that educators can help create a safe and respectful campus environment. Click on the image at the left for more information on the topic Use your Vernon College e-mail to login, and access the "Suggested Training" section on your My Assignments" homepage. Print your certificate! Appropriate for all VC employees! Log-in here to get started!	1 hour
June 2021	On Demand	Online NK	Starlink Professional Development Resources. "What is the Best Way to Grade Participation?" You know how essential it is for students to be active participants in their education. But how do you grade them on it? In this program, you will learn an overview of what not to do when grading participation, activities worth doing, how to do them, and how to evaluate your own process. This course is worth 1 hour (0.1 CEU) of professional development. A certificate of completion can be printed once the program has been completed. Access the Starlink Website, sign-up for a free account, access the Members Area, and then begin exploring this and other relevant titles!	1 hour
	9:00AM— 10:00AM OCC XAS OFFICE OF CONSULEDIT COMMISSION	MER	Office of Consumer Credit Commissioner Financial Education Webinar Series – "Understanding Your Credit." What's in your credit report? Do you know what your credit score is? Do you know how to dispute wrong information on your credit report? Understanding Your Credit covers credit basics, frauds and freezes, building your credit, and disputing false information. If you would like to be added to the notifications list for upcoming financial education webinars email financial-education@occc.texas.gov Register here.	1 hour
Tuesday, July 06, 2021	1:00PM— 2:00PM	Webinar	ERS-BCBSTX 15 Minute Wellness Break – July 2021 Session: "Fitness Connect Community Meet Up: Cardio, steady state, HIIT, interval What is the best type for you?" The Employees Retirement System of Texas (ERS) and the Blue Cross and Blue Shield of Texas (BCBSTX) Wellness Team invite you to join other State of Texas employees to talk about wellness topics and share your successes and challenges. On the first Tuesday of the month, starting June 1 and running through December 7, 2021, take a 15-minute wellness break and attend these informational sessions. Each webinar will	15 minutes



begin at 10 a.m. CT. See the listing of topics and register for all sessions here!

DATE	TIME	VENUE	EVENT	PD HOURS
Wednesday,	12: 00PM—	Webinar	Online Learning Consortium Webinar - "Strengthening Interpersonal	1 hour
July 07, 2021	1:00PM CST		Communication Skills in the Virtual Space." Non-verbal communication makes up	
			70% of how we understand one another. It's important to not only acknowledge how to	
			best compensate for that loss in our online communication, but to also know the toll that	
م ا داد	ONLINETEAL	RNING™	energy can take and how to manage boundaries around our virtual time to allow for rest and prep. Attendees will leave this session with strategies for maximizing their time,	
UL C ONLINE LEARNING™			virtual communication skills, and the effort involved in maintaining efficacy in this new	
			and continuously developing landscape. For more information and to register, <u>click here</u> .	
July 09 and	1:00pm-3:00pm	Webinar	NISOD Workshop - Teaching Critical Thinking Online. This workshop provides	4 hours
July 16, 2021	1.00pm-3.00pm	Workshop	participants with specific tools they can use to teach critical-thinking skills in an online	4 110u18



NISOD Workshop - Teaching Critical Thinking Online. This workshop provides participants with specific tools they can use to teach critical-thinking skills in an online environment. An emphasis is placed on using the tools in Humanities and Social Sciences classes to improve students' reading and writing skills. This workshop consists of 2 interactive modules offered via Zoom at 1:00-3:00 p.m. (Central Time) on July 9, 2021, and 1:00-3:00 p.m. (Central Time) on July 16, 2021. Participants earn a digital badge and certificate upon completing all modules and a post-workshop evaluation. 200.00. Register before July 09. Register here.

Wednesday, July 14, 2021 12: 00PM— 1:00PM CST Webinar

1 hour

Welcoming Online Learning." Whether students feel welcome and a sense of belongingness has a direct affect on educational processes and outcomes (e.g., memory, persistence, motivation). Presenters Dr. Andy Saltarelli, Senior Director of Evaluation and Research – Stanford University and Dr. Kritika Yegnashankaran, Associate Director of Faculty and Lecturer Programs – Stanford Universitythe introduce attendees to the CARE framework that outlines five approaches for designing online learning environments that are more welcoming to traditionally marginalized students: community, agency, representation, equal access, and pedagogies of care. For more information and to register, click here.

Online Learning Consortium Webinar - "Facilitating Inclusive, Equitable, and





DATE	TIME	VENUE	EVENT	PD HOURS
	9:00AM— 10:00AM OCC	1ER	Office of Consumer Credit Commissioner Financial Education Webinar Series – "Money Smart for Adults: Using Credit Cards Wisely." This webinar is part of the FDIC Money Smart for Adults program. This webinar is geared solely towards learning about credit cards, how to apply, how to use, and how it will affect your credit. Upon registration the meeting organizer, Andrea Johnson, will send out a participant guide with lessons plans for participants to follow along. If you would like to be added to the notifications list for upcoming financial education webinars email financial-education@occc.texas.gov Register here.	1 hour
Thursday, July 15, 2021	10:00AM— 11:00AM	Webinar	ERS Wellness Webinar Series – "Exercise as Medicine: Q&A with Dr. Tim Church" If you could take a pill that cost nothing and improves your mood, heart health, bone density, weight and brain function, would you take it? Regular exercise does all of these things, even in small doses. If you are interested in learning more, this webinar is your opportunity to ask questions and get answers from one of the world's leading obesity and exercise researchers, Dr. Tim Church, MD, PhD. For instance, how much time and how often should you exercise to make an impact? What kind of exercise can you do to address your specific health goals? Submit your questions to lacy.wolff@ers.texas.gov or bring them to the webinar! Questions that are submitted in advance will be given priority. Register here.	1 hour
Thursday, July 15, 2021	1:00PM— 2:00PM	Webinar	NISOD Webinar Series – "Examining the Efficacy of Electronic Student Messaging Systems." This session explores extant literature regarding the efficacy of electronic communication systems and programs in influencing student actions. Large institutional investments have been made in human resources, hardware, and software based on the promise of greater engagement. Participants learn about the documented results experienced by early adopters. Learning Outcomes: Develop baseline questions that	1 hour



should be considered before entering into a long-term contract for additional

outcomes measurement as part of the planning process. Register here.

communication software; **Review** the usage of current communication devices and how they might be leveraged to enhance communication; **Develop** a greater understanding of

DATE	TIME	VENUE	EVENT	PD HOURS
Wednesday, July 21, 2021	12:00PM— 1:00PM CST ONLINE LEA C O N S O R	Webinar RNING™ TIUM	Online Learning Consortium Webinar – "360 Degrees of Learning: Using Immersive Virtual Learning Technologies and Approaches." The global pandemic has prompted many higher education institutions to embrace new technologies and approaches to virtual teaching. In this webinar, participants will see examples of how 360 technology has been utilized to immerse our students into diverse environments despite the challenges presented by social distancing precautions. A myriad of presenters from USAHSC will discuss the future of 360 technology, simulation gaming, virtual reality, and personalized learning pathways in hybrid and online programs as a method to enhance the learning experience. For more information and to register, click here.	1 hour
	9:00AM— 10:00AM OCCI S OFFICE OF CONSUM DIT COMMISSIONI	ER	Office of Consumer Credit Commissioner Financial Education Webinar Series – "Money Smart for Adults: Your Money Values, Influences, Spending, and Saving" This webinar is part of the FDIC Money Smart for Adults program. This webinar will hopefully help you build your financial goals based on your money values and influences. It will also go over how to make a spending and saving plan and what to do when money is tight. Upon registration the meeting organizer, Andrea Johnson, will send out a participant guide with lessons plans for participants to follow along. Register here.	1 hour
Thursday, July 22, 2021	10:00AM— 11:00AM	Webinar	ERS Wellness Webinar Series – "Move Correctly, Fix Imbalances and Feel Better!" Over time, our daily routines, like sitting for long periods, can lead to muscular imbalances in our bodies. We might feel minor pain in our joints or limited range of motion that, if left untreated, can lead to injury. This might include minor pains in various joints or even limited range of motion. One may be able to work through these issues, but if left untreated they could lead to injury. Join the webinar to discover	1 hour



issues, but if left untreated they could lead to injury. Join the webinar to discover common muscular imbalances resulting from sitting most of the day, different exercises to combat these and other muscular imbalances, and what good posture looks and feels like. Learn how small changes can bring BIG relief with lifelong health benefits. Register here.



DATE	TIME	VENUE	EVENT	PD HOURS
Friday,	10:00am-1:00pm	Webinar	NISOD Workshop – "The Hidden Learning Disability of Anxiety, Stress, and	3 hours
July 23, 2021	•	Workshop	Trauma: Science and Strategies for Improved Learning." Mental health issues are	
•		*	becoming a crisis in education due to the effects of the pandemic. In addition to	



NISOD Workshop – "The Hidden Learning Disability of Anxiety, Stress, and Trauma: Science and Strategies for Improved Learning." Mental health issues are becoming a crisis in education due to the effects of the pandemic. In addition to impairing physical health, anxiety, stress, and trauma make it harder for students to do higher-order thinking, focus, regulate emotions, get to class, budget time, and complete projects. But you can help! Workshop participants learn how to reduce these obstacles to achievement, whether they're teaching in-person or online. This workshop consists of 1 interactive module offered via Zoom at 10:00 a.m.-1:00 p.m. (Central Time) on July 23, 2021. Participants earn a digital badge and certificate upon completing the module and a post-workshop evaluation. \$200.00 Register on or before July 16. Register here.

Tuesday, July 27, 2021 8:30AM— 11:00AM Wichita Falls Country Club 1701 Hamilton Blvd Wichita Falls, TX 76308 Wichita Falls Chamber of Commerce Quarterly BOSS Program: "How to Network Effectively." In this interactive networking session, learn essential business tips for navigating the 21st Century business world! Various panelists from area business and industry scheduled to present! For attendance to this fun and impactful BOSS event, RSVP with Sarah at The Chamber!

2.5 hours

BESS
BUSINESS OWNERS SHARING SOLUTIONS

Wednesday, July 28, 2021 12:00PM— 1:00PM CST Webinar

Online Learning Consortium Webinar – "Interview Results From Long-Term Online Instructors: Perspectives, Experiences, and Lessons Learned." As online education continues to evolve, it is important to learn from stakeholders who are highly experienced in the field. While some recent literature (e.g. Mansbach & Austin, 2018) has explored the online faculty experience, less research has investigated the perceptions of faculty with several years of experience in online environments. The presentation focuses on results of four analyses from this study. A qualitative analysis of the instructor responses to the following questions will be discussed: What has kept you teaching online?; What skills do you think are most valuable for online instructors to have?; What advice do you have for new online instructors?; and What do you think is the future of online learning? For more information and to register, click here.

1 hour



DATE	TIME	VENUE	EVENT	PD HOURS
	9:00AM— 10:00AM OCCC XAS OFFICE OF CONSUMER REDIT COMMISSIONER	Webinar	Office of Consumer Credit Commissioner Financial Education Webinar Series – "Avoiding Financial Exploitation" Financial exploitation can affect anyone. It's when someone takes advantage of you or someone you love for financial gain. It comes in many forms and can be quite costly. Financial exploitation sadly usually comes from people closest to us. This webinar focuses on financial exploitation situations and aims to raise awareness on how to prevent financial exploitation. Register here.	1 hour
Thursday, July 29, 2021	10:00AM— 11:00AM	Webinar	ERS Wellness Webinar Series – "Simple Strategies to Add Movement into your Daily Routine" In this webinar Brian McFarlin, Ph.D. will give us simple strategies to add more movement into our lives. Just 30 minutes of moderate physical activity over the course of each day can reduce the risk of chronic conditions such as hypertension, high cholesterol, Type II Diabetes, and can even help with managing stress and pain. Unfortunately, according to the CDC, less than 5% of Americans get this much daily physical activity. More movement equals better health, and as Dr. McFarlin says, "It doesn't have to be hard. Let's make it simple." Register here.	1 hour
July 2021	On Demand	Online	Starlink Professional Development Resources. "What Should I Do When a Student Cheats?" Three out of every four college students cheat at some point during their	1 hour



Cheats?" Three out of every four college students cheat at some point during their undergraduate careers. Learn a more effective approach to ending academic dishonesty and study real-world examples of how to implement each step of Lang's five-step model for dealing with cheating and promoting academic integrity. Presenter: James M. Lang, Ph.D., Professor Of English, Director of the Center for Teaching Excellence, Assumption College This course is worth 1 hour (0.1 CEU) of professional development. A certificate of completion can be printed once the program has been completed. Access the Starlink Website, sign-up for a free account, access the Members Area, and then begin exploring this and other relevant titles!



DATE	TIME	VENUE	EVENT	PD HOURS
July 2021	nd me 📡 Enalish? 🍃 doctor	ere any s from ca here?	SAFECOLLEGES TRAINING: Suggested Session: <i>Implicit Bias and Microaggression Awareness</i> (located within the "Social and Behavioral" Category). Participate in this online training and gain a better understanding of what implicit bias and microaggressions are, the science behind these concepts, and how to prevent imposing them on students and coworkers. Use your Vernon College e-mail to login, and access the "Suggested Training" section on your My Assignments" homepage. Print your certificate! Appropriate for all VC employees! Log-in here to get started!	1 hour
Wednesday, August 04, 2021	12:00PM— 1:00PM CST ONLINE LEA C O N S O R	Webinar RNING™ TIUM	Online Learning Consortium Webinar – "Strategies for Culturally Responsive Online Teaching in STEM" Culturally responsive teaching pedagogy in the online environment is key to maintaining student engagement, acquiring knowledge about the course content, developing critical thinking skills, promoting a sense of belonging and community, and succeeding in their academic and professional careers. To accomplish a culturally responsive teaching pedagogical method in the online classroom for STEM courses, the authors propose a Culturally Responsive Online Teaching Model (CROTM). During this session, the presenters will describe CROTM and its theoretical application to a sample Earth Science lesson to make it culturally relevant. For more information and to register, click here.	1 hour
Thursdays, August 5 and August 12	10:00am- 12:00pm	Webinar Workshop	NISOD Workshop –"Multiple Pathways to the Student Brain: Science and Strategies to Energize and Enhance Instruction" It's not what we know, it's what we do that matters. This workshop series is designed to help educators reach diverse and struggling learners through a deeper understanding of underlying brain processes and science-based strategies. Huge gains in our understanding about how students learn best have been made in the last decade. However, many educators are still using outdated practices based on early brain research performed on rats. Multiple underlying brain pathways can be developed for more powerful learning. The facilitator models brain-compatible teaching practices in this energizing workshop series based on her book, Multiple Pathways to the Student Brain. This workshop consists of 2 interactive modules offered	4 hours



Register on or before July 29. Register here.

via Zoom at 10:00 a.m.-12:00 p.m. (Central Time) on August 5, 2021, and 10:00 a.m.-12:00 p.m. (Central Time) on August 12, 2021. Participants earn a digital badge and certificate upon completing all modules and a post-workshop evaluation. \$200.00.

EVENT

DATE	TIME	VENUE	
Fridays,	10:00am-	Webinar	NI
August 6 and	12:00pm	Workshop	En
August 13			pro



ISOD Workshop - "Emergence, Not Exhaustion: Sustainable Teaching in Online invironments." "Depleted." "Just plain worn out." As the COVID crisis caused a larger roportion of faculty members to teach remote courses than ever before, accounts of teacher fatigue and feeling overwhelmed are rife. Many professional development opportunities offer advice about the optimum use of technological tools, but most do not focus on ways to make online teaching less exhausting and more sustainable for teachers. This workshop helps new and experienced online instructors understand the features of online practice that contribute to teacher burnout. Participants learn about specific, actionable strategies for reducing their workload without sacrificing student engagement and success. This workshop consists of 2 interactive modules offered via Zoom at 10:00 a.m.-12:00 p.m. (Central Time) on August 6, 2021, and 10:00 a.m.-12:00 p.m. (Central Time) on August 13, 2021. Participants earn a digital badge and certificate upon completing all modules and a post-workshop evaluation. \$200.00 Register on or before July 30. Register here.

Tuesday, August 10, 2021 12:00PM— 1:00PM

Financial Literacy Series

Webinar

NISOD Financial Fitness Webinar Series - "Finance for Females." The goal of this session is to help attendees understand the relationship between women, money, investing, and other financial topics. This subject continues to grow in importance for many reasons we will discuss. It is also worth noting that men have a vested interest in understanding this topic because, in many cases, women impact the financial aspects of their daily lives. Register here.

1 hour

PD HOURS

4 hours

August 2021

On Demand

Online

Starlink Professional Development Resources. "How Should We Measure Teaching



Effectiveness?" Student evaluations of teaching (SETs) are the most common tools for measuring instructor effectiveness. However, there is a large and growing literature documenting some of the major problems with SETs. These findings have motivated a national conversation about measurement of instructor effectiveness and the meaningfulness of statistical data collected from student evaluations. This course is worth 1 hour (0.1 CEU) of professional development. A certificate of completion can be printed once the program has been completed. Access the Starlink Website, sign-up for a free account, access the Members Area, and then begin exploring this and other relevant titles!

1 hour



DATE	TIME	VENUE	EVENT	PD HOURS
Wednesday, 12:00PM— Webinar August 11, 2021 1:00PM CST ONLINE LEARNING™ CONSORTIUM			Online Learning Consortium Webinar – "New School Year, New You: Strategies for Managing Stress, Exhaustion, and Burnout for Pandemic Fatigued and Weary Online Instructors." For some instructors, the pandemic events of 2020 and 2021 brought new challenges to teaching and learning, alongside an imbalance in routines, priorities, and self-care habits. Many Instructors found themselves buried under grading and content creation, all while managing multiple other personal and professional priorities. As we embark on a new school year, join us for an engaging and collaborative group conversation to identify strategies for managing stress, identifying outlets for self-care, and reflecting on the nuggets of strength, grace, and hope that helped us persist through the worst of the pandemic. In this honest, personal, informative, and engaged conversation session, participants will explore their self-care routines and strategies (or lack thereof) and how they might find new ways to build self-care practices and strategies into their daily practices moving forward. Join presenter Dr. Tina Rettler-Pagel, Director of Online Learning and Chief Online Learning Officer – Madison College to create an individualized plan to weather whatever challenges the new school year brings. For more information and to register, click here.	1 hour
Thursday, August 12, 2021	10:00AM— 11:00AM	Webinar	ERS Wellness Webinar Series –"Using Behavioral Science to Make Better Money Decisions." When it comes to managing our money, there is often a gap between knowing what's good for us and actually doing it. Actions we take (or don't take) often depend on other factors, like our mood, the cost (in effort/time/money), or whether we know other people doing it? Director of the Behavior Laboratory at Texas A&M University, Dr. Marco A. Palma will share stories of how we humans make suboptimal decisions without realizing it. He'll also introduce strategies, like "commitment devices," that can help you override your unconscious brain biases and achieve your money goals. Register here.	1 hour
Wednesday, August 18, 2021	1:00PM— 2:00PM Association of American Colleges and Universities	Webinar	AACU Webinar Series –"Scaling and Institutionalizing Work Readiness in Higher Education" Research on effectiveness in higher education convincingly points to a handful of high-impact practices while the mission and purpose of higher education continues to aim at preparing engaged citizens who are able to thrive in a culturally, racially, and socio-economically diverse world. In what ways are these high impact practices and values of engaged citizenry consistent or inconsistent with preparing work-ready graduates? Are they potentially one in the same? Register here.	1 hour



DATE	TIME	VENUE	EVENT	PD HOURS
Thursday, August 19, 2021	1:00PM— 2:00PM	Webinar	NISOD Webinar Series – "Improving Curriculum to Facilitate Diversity, Equality, and Inclusion." This webinar shares research on curriculum equality. The facilitator provides examples of how equity can be facilitated in the classroom by allowing	1 hour
NISOD			students to choose their own research topics, studying black authors and businesspeople,	



and Inclusion." This webinar shares research on curriculum equality. The facilitator provides examples of how equity can be facilitated in the classroom by allowing students to choose their own research topics, studying black authors and businesspeople, and by studying international authors and businesspeople based on the nationalities of the students in the class. A small panel of students speak as well and are available for questions on the day of the webinar. Register here.

August 24-28

Various Shifts

Assigned Areas



Hotter-n-Hell Hundred 2021 Volunteer Opportunities! See the following volunteer opportunities for HHH 2021! Positions include packet assembly, registration, sales, and rest stop refreshment attendants. Use the following registration form to volunteer. Sign up early to be assigned to your "favorite spot." Please list at least two volunteer shift options in case your first choice is already filled. Volunteers must be able to work the entire shift they sign up for. Volunteers will receive a confirmation letter via email as soon as your registration form is received and your assignment is made. For additional information or if you have any questions, please contact Darlene Craddock, HHH Volunteer Coordinator, at 940-733-1532 and leave a message.

